

ACTIVIDAD 1:

1. Mire el video. ¿De qué trata? ¿conoce algunas de las palabras?
2. Lea el texto y complete con las siguientes palabras.

Protecting – hazards – risk – occupational (x5) – toxic – science – ergonomics – risks – safe – physical

So, what exactly is _____ (1) hygiene?

_____ (2) hygiene is a scientific discipline that is all about people. It is about _____ (3) them and keeping them healthy and _____ (4) at work, no matter what they do.

There are a wide range of health _____ (5) that can arise from exposures at work. For example, the hazard could be _____ (6) substances, fumes and mists, vapours or dust. It could be a _____ (7) hazard such as noise, vibration, radiation or it could be human factors and _____ (8) such as manual handling, stress, repetitive movement or other hazards such as thermal comfort, confined spaces, biological hazards.

_____ (9) hygienists help employers and employees to understand _____ (10) and to minimize them. _____ (11) hygiene involves the recognition of hazards and, most importantly, how to control the _____ (12) to health. It is where _____ (13) and engineering meet the human element of the workplace. _____ (14) hygiene matters to employers, to employees, to the public and to you in your workplace.

3. Busque el significado de las palabras desconocidas. ¿Qué tipo de palabras son?

ACTIVIDAD 2:

1. ¿Cuál es el significado de *Occupational Hygiene and Safety*?

2. Según el texto, ¿Cuál es el objetivo principal de dicho trabajo?

3. Según el texto, ¿A qué tipo de riesgos pueden enfrentarse los trabajadores en su entorno laboral?

4. ¿Por qué es importante que los empleados reciban un entrenamiento apropiado en esta profesión?

5. ¿Qué hacen los técnicos de Higiene y Seguridad para garantizar la seguridad en el lugar de trabajo?

6. ¿Cómo fomentan las empresas una cultura de seguridad en el lugar de trabajo?

Occupational Hygiene and Safety: A Key Profession

Occupational Hygiene and Safety is a profession that focuses on protecting workers' health and ensuring safe working environments. This field is essential in industries where workers are exposed to hazardous conditions. Health risks can be caused by various factors such as chemicals, noise, dust, and physical hazards. Therefore, safety measures must be implemented to prevent accidents and illnesses. Companies must implement safety measure.

In this profession, experts assess and control environmental factors in workplaces. Hazardous materials are identified and monitored regularly, and control measures are applied to reduce exposure. Proper training should be given to employees to ensure they understand safety procedures. Safety equipment, such as helmets, gloves, and masks, is provided to protect workers from potential harm.

In many countries, laws require that businesses comply with strict health and safety standards. Workers must be informed about the risks they face and the necessary precautions. Inspections are often carried out by safety technicians or specialists to ensure that the workplace meets legal requirements. If any violations are found, corrective actions must be taken immediately.

Moreover, companies are encouraged to implement a safety culture where employees can report hazards without fear of retaliation (=the act of hurting someone or doing something harmful to someone because they have done or said something harmful to you). Safety meetings are held regularly, and suggestions from workers are always welcomed. Accidents, when they occur, are completely investigated to prevent future incidents.

In conclusion, Occupational Hygiene and Safety professionals play an important role in keeping the workforce safe. Without them, many workplaces would not be as secure as they are today. Their work ensures that workers can carry out their tasks without putting their health at risk.

ACTIVIDAD 3:

1. Leer nuevamente el texto e identificar cinco de los siguientes tipos de palabras: adjetivos, sustantivos, verbos y adverbios.
2. Identificar falsos cognados / falsos amigos.
3. Para que los textos tengan fluidez, utilizamos ciertos mecanismos cohesivos como los conectores; ¿puede identificarlos y mencionar su propósito?